Fitness machine





Fitness element FP-006ST Butterfly Workout Machine (By

Product type

FP-006ST-10

Basic information			
Age category Minimum area Equipment measurements Free fall height: Load capacity: Max. number of users: Fall zone: EN 1177 Designation: Availability of spare parts: Certificate of Compliance:	from 15 years 4 m x 3,6 m 1 m x 0,6 m x 1,94 m 1.0 m 120 kg 1 Grass surface exterior supplied by the ČSN EN 16630:2016		4m
Material Supporting column, handles Seat and backrest - HDPE	- made of steel tubes	3.6m	

Finish

Duplex powder coated with coat curing Hot-dip galvanizing

Description

Seat and backrest are made of aluminum and covered with HDPE polyethylene (high-pressure, full-colored polyethylene, which is characterized by high color stability, UV resistance). The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The seat frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless. Functions: It works out upper extremities. It builds the muscles of the arms, back and chest. It improves the performance of the heart and the respiratory tract and the cardiovascular functions.

Instructions: Sit down on the seat and grasp the handles firmly. By pulling the handles spread out your arms wide. Hold your back upright. Return to the original position slowly.