Fitness machine





Fitness element FP-010ST Stepper - turquoise

Product type FP-010ST-10

Basic information

Age category from 15 years
Minimum area 4,15 m x 3,7 m

Equipment measurements 1,15 m x 0,67 m x 2,07 m

Free fall height: 1.0 m
Load capacity: 120 kg
Max. number of users: 1

Fall zone: EN 1177 Grass surface
Designation: exterior
Availability of spare parts: supplied by the
Certificate of Compliance: ČSN EN 16630:2016

Material

Supporting column, handles - made of steel tubes

1.15m W.29:0

Finish

Duplex powder coated with coat curing Hot-dip galvanizing

Description

The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless.

Functions: Works the muscles of the lower extremities, such as calf, thigh and buttock muscles. It improves the coordination of movements and body stability.

Instructions: Position yourself on the small platforms and grasp the handles firmly. Start pressing down on the small platforms on which you are standing as if you were walking.