



## Fitness element FP-011SL Steps - lime

Product type FP-011SL-10

### Basic information

|                              |                          |
|------------------------------|--------------------------|
| Age category                 | from 15 years            |
| Minimum area                 | 4,15 m x 3,7 m           |
| Equipment measurements       | 1,15 m x 0,67 m x 2,07 m |
| Free fall height:            | 1.0 m                    |
| Load capacity:               | 120 kg                   |
| Max. number of users:        | 1                        |
| Fall zone: EN 1177           | Grass surface            |
| Designation:                 | exterior                 |
| Availability of spare parts: | supplied by the          |
| Certificate of Compliance:   | ČSN EN 16630:2016        |

### Material

Supporting column, handles - made of steel tubes

### Finish

Komaxit powder coating  
Hot-dip galvanizing

### Description

The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless.

Functions: It works out the calves, thighs and buttock and muscles of upper extremities. It improves the coordination of movements and the whole body stability.

Instructions: Position yourself on the small platforms and grasp the handles firmly. Start pressing on the small platforms on which you are standing as if you were walking on the spot, and swing in turns with your arms along the body.

