Fitness machine





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Fitness element FP-015SL Cycling Trainer (Orbi-Bike Plus) -

FP-015SL-10 Product type

Basic information

Age category from 15 years 4,02 m x 3,71 m Minimum area 1,02 m x 0,71 m x 1,49 m **Equipment measurements**

Free fall height: 1.0 m 120 kg Load capacity: Max. number of users:

Fall zone: EN 1177 Grass surface Designation: exterior Availability of spare parts: supplied by the Certificate of Compliance: ČSN EN 16630:2016

Material

Supporting column, handles - made of steel tubes

Seat and backrest - HDPE

Finish Komaxit powder coating Hot-dip galvanizing

4.02m 1.02m

Description

Seat and backrest are made of aluminum and covered with HDPE polyethylene (high-pressure, full-colored polyethylene, which is characterized by high color stability, UV resistance). The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The seat frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless. Functions: It works out the muscles of lower and upper extremities, such as calves, thighs and muscles of arms. It improves the cardiovascular functions and muscle endurance.

Instructions: Grasp the handle with both hands and place your soles on the platform. Start turning from the left to the right with your back upright.