



Fitness element FP-026SS Rails

Product type FP-026SS-20

Basic information

| | |
|------------------------------|--------------------------|
| Age category | from 15 years |
| Minimum area | 3,95 m x 3,83 m |
| Equipment measurements | 0,95 m x 0,59 m x 2,17 m |
| Free fall height: | 2.0 m |
| Load capacity: | 120 kg |
| Max. number of users: | 1 |
| Fall zone: EN 1177 | Grass surface |
| Designation: | exterior |
| Availability of spare parts: | supplied by the |
| Certificate of Compliance: | ČSN EN 16630:2016 |

Material

Supporting column, handles - made of steel tubes

Finish

Komaxit powder coating
Hot-dip galvanizing

Description

The wheels are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. Holes are sealed with steel elements at the ends. All fasteners are stainless.

Functions: Enhances muscular fitness of your upper body. Strengthens arms, chest and abdominal muscles while improving the condition of your back.

Instructions: Stand with your back directed to the rungs. Base your forearms on the rails and hold the grips with your hands. Pull your legs up with bended knees as high as possible.

