



Fitness element FP-026SS Rails

Product type FP-026SS-20

Basic information

Age category	from 15 years
Minimum area	3,95 m x 3,83 m
Equipment measurements	0,95 m x 0,59 m x 2,17 m
Free fall height:	2.0 m
Load capacity:	120 kg
Max. number of users:	1
Fall zone: EN 1177	Grass surface
Designation:	exterior
Availability of spare parts:	supplied by the
Certificate of Compliance:	ČSN EN 16630:2016

Material

Supporting column, handles - made of steel tubes

Finish

Duplex powder coated with coat curing
Hot-dip galvanizing

Description

The wheels are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. Holes are sealed with steel elements at the ends. All fasteners are stainless.

Functions: Enhances muscular fitness of your upper body. Strengthens arms, chest and abdominal muscles while improving the condition of your back.

Instructions: Stand with your back directed to the rungs. Base your forearms on the rails and hold the grips with your hands. Pull your legs up with bended knees as high as possible.

