



Fitness element FO-022SL-Q Tai-chi - orange (Coastal region)

Product type FP-022SO-10-Q

Basic information

| | |
|------------------------------|-------------------------|
| Age category | from 15 years |
| Minimum area | 4,05 m x 3,8 m |
| Equipment measurements | 1,05 m x 0,8 m x 1,71 m |
| Free fall height: | 1.0 m |
| Load capacity: | 120 kg |
| Max. number of users: | 1 |
| Fall zone: EN 1177 | Grass surface |
| Designation: | exterior |
| Availability of spare parts: | supplied by the |
| Certificate of Compliance: | ČSN EN 16630:2016 |

Material

Supporting column, handles - made of steel tubes

Finish

Duplex powder coated with coat curing
Hot-dip galvanizing

Description

The wheels are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. Holes are sealed with steel elements at the ends. All fasteners are stainless.

Functions: It trains muscles of arms and shoulders. It improves the cardiovascular functions and flexibility of muscles and ligaments of the upper part of the body.

Instructions: Place your palms on the surface of the turning wheel and move with them as if you were drawing circles. Perform the movement in one and the other direction.

